

Your Personality Profile

Directions—In each of the following rows of four words across, place an x in front of the one word that most often applies to you. Continue through all forty lines; be sure each number is marked. If you are not sure which word "most applies," ask a spouse or a friend, and think of what your answer would have been when you were a child.

Strengths

- | | | | | |
|----|----------------------------------------|-------------------------------------------|---------------------------------------|----------------------------------------|
| 1 | <input type="checkbox"/> Adventurous | <input type="checkbox"/> Adaptable | <input type="checkbox"/> Animated | <input type="checkbox"/> Analytical |
| 2 | <input type="checkbox"/> Persistent | <input type="checkbox"/> Playful | <input type="checkbox"/> Persuasive | <input type="checkbox"/> Peaceful |
| 3 | <input type="checkbox"/> Submissive | <input type="checkbox"/> Self-sacrificing | <input type="checkbox"/> Sociable | <input type="checkbox"/> Strong-willed |
| 4 | <input type="checkbox"/> Considerate | <input type="checkbox"/> Controlled | <input type="checkbox"/> Competitive | <input type="checkbox"/> Convincing |
| 5 | <input type="checkbox"/> Refreshing | <input type="checkbox"/> Respectful | <input type="checkbox"/> Reserved | <input type="checkbox"/> Resourceful |
| 6 | <input type="checkbox"/> Satisfied | <input type="checkbox"/> Sensitive | <input type="checkbox"/> Self-reliant | <input type="checkbox"/> Spirited |
| 7 | <input type="checkbox"/> Planner | <input type="checkbox"/> Patient | <input type="checkbox"/> Positive | <input type="checkbox"/> Promoter |
| 8 | <input type="checkbox"/> Sure | <input type="checkbox"/> Spontaneous | <input type="checkbox"/> Scheduled | <input type="checkbox"/> Shy |
| 9 | <input type="checkbox"/> Orderly | <input type="checkbox"/> Obliging | <input type="checkbox"/> Outspoken | <input type="checkbox"/> Optimistic |
| 10 | <input type="checkbox"/> Friendly | <input type="checkbox"/> Faithful | <input type="checkbox"/> Funny | <input type="checkbox"/> Forceful |
| 11 | <input type="checkbox"/> Daring | <input type="checkbox"/> Delightful | <input type="checkbox"/> Diplomatic | <input type="checkbox"/> Detailed |
| 12 | <input type="checkbox"/> Cheerful | <input type="checkbox"/> Consistent | <input type="checkbox"/> Cultured | <input type="checkbox"/> Confident |
| 13 | <input type="checkbox"/> Idealistic | <input type="checkbox"/> Independent | <input type="checkbox"/> Inoffensive | <input type="checkbox"/> Inspiring |
| 14 | <input type="checkbox"/> Demonstrative | <input type="checkbox"/> Decisive | <input type="checkbox"/> Dry humor | <input type="checkbox"/> Deep |
| 15 | <input type="checkbox"/> Mediator | <input type="checkbox"/> Musical | <input type="checkbox"/> Mover | <input type="checkbox"/> Mixes easily |
| 16 | <input type="checkbox"/> Thoughtful | <input type="checkbox"/> Tenacious | <input type="checkbox"/> Talker | <input type="checkbox"/> Tolerant |
| 17 | <input type="checkbox"/> Listener | <input type="checkbox"/> Loyal | <input type="checkbox"/> Leader | <input type="checkbox"/> Lively |
| 18 | <input type="checkbox"/> Contented | <input type="checkbox"/> Chief | <input type="checkbox"/> Chartmaker | <input type="checkbox"/> Cute |
| 19 | <input type="checkbox"/> Perfectionist | <input type="checkbox"/> Pleasant | <input type="checkbox"/> Productive | <input type="checkbox"/> Popular |
| 20 | <input type="checkbox"/> Bouncy | <input type="checkbox"/> Bold | <input type="checkbox"/> Behaved | <input type="checkbox"/> Balanced |

Weaknesses

- | | | | |
|-----------------------|-----------------------|--------------------|--------------------|
| 21 ___ Blank | ___ Bashful | ___ Brassy | ___ Bossy |
| 22 ___ Undisciplined | ___ Unsympathetic | ___ Unenthusiastic | ___ Unforgiving |
| 23 ___ Reticent | ___ Resentful | ___ Resistant | ___ Repetitious |
| 24 ___ Fussy | ___ Fearful | ___ Forgetful | ___ Frank |
| 25 ___ Impatient | ___ Insecure | ___ Indecisive | ___ Interrupts |
| 26 ___ Unpopular | ___ Uninvolved | ___ Unpredictable | ___ Unaffectionate |
| 27 ___ Headstrong | ___ Haphazard | ___ Hard to please | ___ Hesitant |
| 28 ___ Plain | ___ Pessimistic | ___ Proud | ___ Permissive |
| 29 ___ Angered easily | ___ Aimless | ___ Argumentative | ___ Alienated |
| 30 ___ Naive | ___ Negative attitude | ___ Nervy | ___ Nonchalant |
| 31 ___ Worrier | ___ Withdrawn | ___ Workaholic | ___ Wants credit |
| 32 ___ Too sensitive | ___ Tactless | ___ Timid | ___ Talkative |
| 33 ___ Doubtful | ___ Disorganized | ___ Domineering | ___ Depressed |
| 34 ___ Inconsistent | ___ Introvert | ___ Intolerant | ___ Indifferent |
| 35 ___ Messy | ___ Moody | ___ Mumbles | ___ Manipulative |
| 36 ___ Slow | ___ Stubborn | ___ Show-off | ___ Skeptical |
| 37 ___ Loner | ___ Lord over others | ___ Lazy | ___ Loud |
| 38 ___ Sluggish | ___ Suspicious | ___ Short-tempered | ___ Scatterbrained |
| 39 ___ Revengeful | ___ Restless | ___ Reluctant | ___ Rash |
| 40 ___ Compromising | ___ Critical | ___ Crafty | ___ Changeable |

Personality Scoring Sheet

Now transfer all your X's to the corresponding words on the Personality Scoring Sheet and add up your totals. For example, if you checked Animated on the profile, check it on the scoring sheet. (Note: The words are in a different order on the profile and the scoring sheet.)

Strengths

	Popular Sanguine	Powerful Choleric	Perfect Melancholy	Peaceful Phlegmatic
1	<input type="checkbox"/> Animated	<input type="checkbox"/> Adventurous	<input type="checkbox"/> Analytical	<input type="checkbox"/> Adaptable
2	<input type="checkbox"/> Playful	<input type="checkbox"/> Persuasive	<input type="checkbox"/> Persistent	<input type="checkbox"/> Peaceful
3	<input type="checkbox"/> Sociable	<input type="checkbox"/> Strong-willed	<input type="checkbox"/> Self-sacrificing	<input type="checkbox"/> Submissive
4	<input type="checkbox"/> Convincing	<input type="checkbox"/> Competitive	<input type="checkbox"/> Considerate	<input type="checkbox"/> Controlled
5	<input type="checkbox"/> Refreshing	<input type="checkbox"/> Resourceful	<input type="checkbox"/> Respectful	<input type="checkbox"/> Reserved
6	<input type="checkbox"/> Spirited	<input type="checkbox"/> Self-reliant	<input type="checkbox"/> Sensitive	<input type="checkbox"/> Satisfied
7	<input type="checkbox"/> Promoter	<input type="checkbox"/> Positive	<input type="checkbox"/> Planner	<input type="checkbox"/> Patient
8	<input type="checkbox"/> Spontaneous	<input type="checkbox"/> Sure	<input type="checkbox"/> Scheduled	<input type="checkbox"/> Shy
9	<input type="checkbox"/> Optimistic	<input type="checkbox"/> Outspoken	<input type="checkbox"/> Orderly	<input type="checkbox"/> Obliging
10	<input type="checkbox"/> Funny	<input type="checkbox"/> Forceful	<input type="checkbox"/> Faithful	<input type="checkbox"/> Friendly
11	<input type="checkbox"/> Delightful	<input type="checkbox"/> Daring	<input type="checkbox"/> Detailed	<input type="checkbox"/> Diplomatic
12	<input type="checkbox"/> Cheerful	<input type="checkbox"/> Confident	<input type="checkbox"/> Cultured	<input type="checkbox"/> Consistent
13	<input type="checkbox"/> Inspiring	<input type="checkbox"/> Independent	<input type="checkbox"/> Idealistic	<input type="checkbox"/> Inoffensive
14	<input type="checkbox"/> Demonstrative	<input type="checkbox"/> Decisive	<input type="checkbox"/> Deep	<input type="checkbox"/> Dry humor
15	<input type="checkbox"/> Mixes easily	<input type="checkbox"/> Mover	<input type="checkbox"/> Musical	<input type="checkbox"/> Mediator
16	<input type="checkbox"/> Talker	<input type="checkbox"/> Tenacious	<input type="checkbox"/> Thoughtful	<input type="checkbox"/> Tolerant
17	<input type="checkbox"/> Lively	<input type="checkbox"/> Leader	<input type="checkbox"/> Loyal	<input type="checkbox"/> Listener
18	<input type="checkbox"/> Cute	<input type="checkbox"/> Chief	<input type="checkbox"/> Chartmaker	<input type="checkbox"/> Contented
19	<input type="checkbox"/> Popular	<input type="checkbox"/> Productive	<input type="checkbox"/> Perfectionist	<input type="checkbox"/> Pleasant
20	<input type="checkbox"/> Bouncy	<input type="checkbox"/> Bold	<input type="checkbox"/> Behaved	<input type="checkbox"/> Balanced

Totals—Strengths

Weaknesses

	Popular Sanguine	Powerful Choleric	Perfect Melancholy	Peaceful Phlegmatic
21	___ Brassy	___ Bossy	___ Bashful	___ Blank
22	___ Undisciplined	___ Unsympathetic	___ Unforgiving	___ Unenthusiastic
23	___ Repetitious	___ Resistant	___ Resentful	___ Reticent
24	___ Forgetful	___ Frank	___ Fussy	___ Fearful
25	___ Interrupts	___ Impatient	___ Insecure	___ Indecisive
26	___ Unpredictable	___ Unaffectionate	___ Unpopular	___ Uninvolved
27	___ Haphazard	___ Headstrong	___ Hard to please	___ Hesitant
28	___ Permissive	___ Proud	___ Pessimistic	___ Plain
29	___ Angered easily	___ Argumentative	___ Alienated	___ Aimless
30	___ Naive	___ Nervy	___ Negative attitude	___ Nonchalant
31	___ Wants credit	___ Workaholic	___ Withdrawn	___ Worrier
32	___ Talkative	___ Tactless	___ Too sensitive	___ Timid
33	___ Disorganized	___ Domineering	___ Depressed	___ Doubtful
34	___ Inconsistent	___ Intolerant	___ Introvert	___ Indifferent
35	___ Messy	___ Manipulative	___ Moody	___ Mumbles
36	___ Show-off	___ Stubborn	___ Skeptical	___ Slow
37	___ Loud	___ Lord over others	___ Loner	___ Lazy
38	___ Scatterbrained	___ Short-tempered	___ Suspicious	___ Sluggish
39	___ Restless	___ Rash	___ Revengeful	___ Reluctant
40	___ Changeable	___ Crafty	___ Critical	___ Compromising

Totals—Weaknesses

Combined Totals
